

Oneness with All That Is

Anisa Aven:

Within duality, how can we EVER KNOW if something is for our highest good? However, duality is the illusion. The question, "how can I know if it's for my highest good?" implies that something less than our highest good could actually be possible.

"Enlightenment is the sudden recognition that non-duality is, has always been, and will always be the reality of our experience. Duality is an illusion. Consciousness is not private and personal, but impersonal, universal, and eternal. There is no limited personal entity, no conscious ego. The ego is a perceived object, not the all-perceiving awareness. "

Francis Lucille

However, nothing ever occurs that isn't in that moment, for our highest good. At all times, we are attracting to us the very thing that we need; the very experience that is for our highest good that is also in harmony with our current level of consciousness, and the manifested equivalent of our awareness, intention, and attention.

In fact, there is ONLY that which is for our Highest Good. Everything is GOOD!

(T) the solution becomes apparent when we are WILLING to accept anything that comes our way as Perfect, Ideal, and for our Highest Good. When we say out-loud,

"I am willing to experience whatever comes my way. I am willing to fail. I am willing to try. I am willing to succeed. I am willing to be willing. I am willing to acknowledge all things as exactly what I need in this moment for my highest growth."

Then, if you really want to make a difference in your vibration; make it so that the Universe can actually begin to start sending you signs of land and mini-manifestations of what you're in harmony with, say,

"I am neutral. I know I can handle whatever comes my way. I will survive no matter what. If this worst-case scenario comes to pass, so be it - I'll survive. If this best-case scenario comes to pass, so be it too. I accept exactly whatever is - as what's meant to be."

This takes a great deal of practice but in the end will be worth the effort. The key to releasing doubt and attachment lies in your willingness to **surRender** all things over to Spirit. When you are willing and accepting, your vibration and level of consciousness rises to a higher level AND then the manifestations will be more reflective of the type of "for my highest good" that you believe you really want.

Anisa Aven's web site is <http://www.createavision.com>

RELIGIOUS SCIENCE TREATMENTS FOR AWARENESS OF ONENESS

I Am the Thing Itself

There is a Self-conscious Power which fills all time and space and governs everything that Its thought creates. This power is Mind. This power is God. I am some part of the Mind of God; therefore, I am governed by the Power which created me. This governing impulse, within my own mind, keeps me moving in the right direction, at the right speed, with the right attitude. I am Mind, God, Spirit, Life. . . the Thing Itself, on a pathway of continually unfolding good.

I express the Divine Agenda by governing that which I create. I govern the condition of my body with thoughts of health, my financial affairs with thoughts of prosperity, my career with wisdom and my relationships with love. I do not govern people; I govern my reaction to people. I allow no one to trespass upon the sanctity of my consciousness. The only ideas that I let into my mind are constructive and life-giving.

I accept the responsibility of being a part of the One Power in the Universe, of not being affected by appearances, of accepting my own mind as the only thing I need to take me where I want to go and of knowing that the governing impulse of Divine Mind in me is always moving toward greater good.

Dr. David J. Walker

I Am One with the Infinite Good

I am one with the universe. There is no line where the universe stops and I begin. My body is continually interacting with all other elements. I am not a disconnected observer. The cause of the universe and the cause of my being is One Cause. The spirit which I am is the One Spirit. Thus, I am one with the infinite and supreme Good.

I am forever linked to the inexhaustible Source of my good. Right now, I open my mind and my heart to this sublime Truth. It penetrates and permeates my consciousness, dissolving all that is unlike Itself. Any old reaction patterns of anxiety, hurry, irritation or annoyance die from lack of support, for their *only* support was fear that I was separated from the Source of Good.

Increasingly, I nourish my growing appreciation that I am immersed in Good. I plan without stress, knowing a favorable outcome is inevitable — if not just as I planned, then in a way *more* desirable. Should a seemingly adverse condition appear, I give it no power, decreeing, ***“Only good can come of this!”***

Dr. Carleton Whitehead

I Am One with the Universe

The Universe, visible and invisible, known and unknown, is one indivisible whole. Mystics and spiritual scientists have always known this. Now there is increasing recognition among the “physical” scientists. Spirit and life, mind and matter are aspects of the One. Division, separation, parts and particles are appearance only. All action is internal action within the eternal wholeness. I am one with this wholeness. There is no point where I stop and the universe begins. I am one with all of its action. I am one with Nature, one with Spirit, Mind and Life — one with God.

In the universal harmony that pervades all, there can be nothing opposed to my good. All beliefs that any persons, conditions, forces or circumstances can interfere with my forward, upward progress are now dissolved into their own nothingness. I no longer react with fear or irritation to incidents that appear in my experience. I have ceased labeling them good or bad. They are simply incidents along the way. Someway, somehow, whether I understand it or not, every experience is moving me into a greater awareness of unity, wholeness and harmony. The truly satisfying riches of life unfold with ease on every hand. I move with ease and serenity in all places, under any and all circumstances. I deeply appreciate my growing awareness of the unity and wholeness of being.

Dr. Carleton Whitehead

<http://www.fcrsny.org/Treatments.htm>